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## Relax

Make yourself at home & feel free to participate in as much or as little as you feel comfortable. Listening devices for the hearing impaired are available at the sound booth in the back of the Worship Center.

## got kids?

Envision Kidz @ 9am & 10:45am is a safe & fun experience for newborns - 5th grade. Middle & high school students will be challenged through Embark Student Ministry. Middle school service @ 9am & 10:45am in the Middle School Venue behind the church. High school service @ 9am & 10:45am in the High School Venue [see the map below].

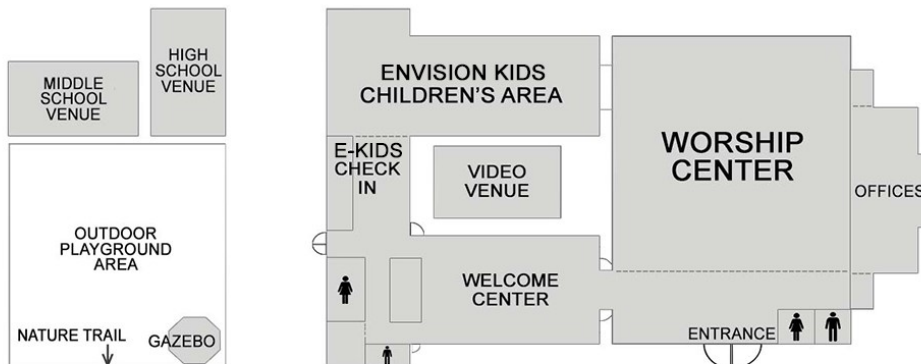
## Connect Card

Please take a moment to complete the Connect Card found inside your Worship Packet. Fill in as much information as you feel comfortable giving, and drop the card in the offering bucket which will be passed around at the end of the service.

## Pick-up your free gift!

If today is your first visit to Emmanuel, swing by the table in the lobby located beneath the TV monitor and pick-up your free gift!

*Please silence all devices in preparation for worship.*



*Welcome!*  
*We're glad you're here!*

March 8, 2020

## Our Mission:

Emmanuel exists to give you the best opportunity to become a fully-developing follower of Jesus.

## Our Core Values:

- We Value Jesus
- We Value People
- We Value Generosity
- We Value Connection Groups
- We Value Growth
- We Value Service
- We Value Relevance
- We Value Unity & Diversity
- We Value Application of Scripture

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## Getting Through Life's Losses

Pastor Rick Hancock | March 8, 2020

*I have told you these things so that in Me, you may have peace. You will have suffering in this world. Be courageous! I have conquered the world. John 16:33 HCSB*

**What we \_\_\_\_\_ will get us through the shock.**

**What we \_\_\_\_\_ about grief will help us get through life's sorrows.**

**1. Loss is \_\_\_\_\_, but grief is a \_\_\_\_\_.**

*The Lord struck the baby that Uriah's wife had borne to David, and he became ill. David pleaded with God for the boy. He fasted, went home, spent the night lying on the ground...When David saw that his servants were whispering to each other, he guessed that the baby was dead. 2 Samuel 12:15, 19*

There is no pain without \_\_\_\_\_.

*Then David comforted his wife Bathsheba... 2 Samuel 12:24*

**2. Grief is \_\_\_\_\_.**

*When Jesus saw that Mary and the people with her were crying, He was terribly upset and asked, "Where have you put his body?" They replied, "Lord, come and You will see." Jesus started crying, and the people said, "See how much He loved Lazarus?" John 11:33-36*

**3. God grieves \_\_\_\_\_.**

*When you pass through the deep waters, I will be with you; your troubles will not overwhelm you. Isaiah 43:2 GNT*

*The Lord is close to the brokenhearted; He rescues those whose spirits are crushed. Psalm 34:18*

**4. Grief is healed in \_\_\_\_\_.**

*Carry one another's burdens; in this way you will fulfill the law of Christ. Galatians 6:2 HCSB*

*Rejoice with those who rejoice; weep with those who weep. Romans 12:15*

*Three of Job's friends...when they heard how much Job had been suffering, they decided to go and comfort him. Job 2:11 GNB*

**5. Grief takes \_\_\_\_\_.**

*There is a time for everything, and a season for every activity under the heavens...a time to weep and a time to laugh, a time to mourn and a time to dance. Ecclesiastes 3:1, 4*

*Then they sat there on the ground with him for seven days and nights without saying a word, because they saw how much he was suffering. Job 2:13*

### Steps to Moving Forward

**1. List the losses you have \_\_\_\_\_.**

*Those who mourn are blessed, for they will be comforted. Matthew 5:4 HCSB*

**2. Identify what you have \_\_\_\_\_.**

*Then Martha said to Jesus, "Lord, if You had been here, my brother wouldn't have died." John 11:21*

**3. Have the courage to \_\_\_\_\_ to God.**

Psalm 3-7, 10, 12-14, 17, 22-25, 28, 31, 35, 36, 38, 39, 41-44, 51-61, 64, 70, 71, 74, 77, 79, 80, 82, 83, 85, 86, 88, 90, 94, 102, 109, 137, 139-143, 145

**4. Remember how much \_\_\_\_\_.**

*The Lord is like a father to His children, tender and compassionate to those who fear Him. For He knows how weak we are; He remembers we are only dust. Psalm 103:13-14 NLT*

*God heals the brokenhearted and bandages their wounds. Psalm 147:3*

### Memory Verse

*The Lord is close to the brokenhearted; He rescues those whose spirits are crushed. Psalm 34:18*

### Next Steps:

- I will look to the Light when I am grieving a loss.
- I will register for CLASS 101, 201 or 301 scheduled for March 29<sup>th</sup>.
- I will participate in the PEACE one-day event on Palm Sunday.